Clayton County Board of Health
Epidemiology Newsletter
July – September, 2018

INTRODUCTION

Welcome FALL!!! In the third quarter of 2018, the epidemiology department continued to conduct disease surveillance, monitor the health of Clayton County residents to prevent the spread of infections.

QUARTER IN REVIEW

- The department received and followed-up on (some ongoing) approximately 668 reportable infections in the third quarter of 2018. Approximately 258 were general notifiables and 410 Sexually Transmitted Infections (STIs).

- A total of 21 incidents of animal bites were reported this quarter. Prophylaxis was recommended for the victims involved as needed.

- Free HIV testing services was provided for the public at Clayton State University on Mondays and Wednesdays.

- Hurricane season is not over yet, it goes on until the end of November. The new Georgia Disaster Mental Health website provides a wide range of information on support for emotional strain from storms and other assistance.

  For more information visit:
  www.georgiadisaster.info

- According to the CDC, signs of flu include chills, body aches, fever, stuffy/runny nose, cough, sore throat, and fatigue. Seek medical care and avoid travel or contact with the public.

  For more information please visit:
  https://www.cdc.gov/media/releases/2018/s0907-flu-guidance-travelers.html

  https://www.cdc.gov/flu/index.htm

DID YOU KNOW…

- September was Prostate and Ovarian Cancer Awareness Month! Prostate cancer screenings help find cancer before it has a chance to spread further. Men considering a prostate cancer screening should talk with a doctor about the benefits and harms of screening. To learn more about prostate cancer, visit:
  https://www.cdc.gov/cancer/dcpc/resources/features/prostatecancer/

  Ovarian cancer is difficult to detect often leading to advanced stage diagnoses. The National Ovarian Cancer Coalition is striving to push the message of earlier awareness of symptoms, genetic predispositions, and research on an early detection test. Visit http://www.ovarian.org/home for more information on ovarian cancer.

- Heart disease and stroke deaths are increasing among middle age adults according to the CDC's latest Vital Signs report. Million Hearts® initiative hopes to prevent one million heart attacks and strokes by 2022. Read more on this initiative and ways to prevent cardiac events here:
  https://www.cdc.gov/media/releases/2018/p0906-Heart-disease-stroke-deaths.html

- Individuals six months and older are recommended to get a flu vaccine before the end of October. The CDC advises anyone showing signs of the flu to stay home and avoid any travel or contact with people other than to seek medical care. Visit the link below to find out more information on prevention, symptoms, and treatment of influenza:
  https://www.cdc.gov/media/releases/2018/s0907-flu-guidance-travelers.html

Have questions? Call the Epidemiology department 678-478-2200 or 678-610-7193.

References: www.https://sendss.state.ga.us; www.cdc.gov; www.dph.georgia.gov; http://www.ovarian.org/home

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